



# CAMP CLASSEN PARENT'S GUIDE TO CAMP

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## RESIDENT CAMP PARENT GUIDE

Thank you for choosing YMCA CAMP CLASSEN for your child's summer resident camp experience. This Parent's Guide will help you prepare for your 2023 Summer Camp experience. This guide includes important information on how parents can make additional payments to your account through our online system. Please make sure to read all the following information and let us know if you have any questions. We are glad to help!

## PRE-CAMP CHECKLIST

A Checklist to assist parents in preparing for your camper's week.

Details will follow in this Guide.

1. Please make sure that you have made your final camp payment and submitted your camp forms.
2. Help your child pack using the enclosed packing list as a guide.
3. Optional – Prepare camper mail in advance to bring to check-in for staff to deliver during the week.

## CAMP CONTACT INFORMATION

Camp Office Phone **580 369 2272**

Camp Registrar Email [kjolly@ymcaokc.org](mailto:kjolly@ymcaokc.org)

Camp Admin Assistants [kjolly@ymcaokc.org](mailto:kjolly@ymcaokc.org)

Camp Address **10840 Main Camp Rd.,  
Davis, OK 73030**

Camp Office Hours **Mon-Fri 8:30am – 4:30pm**

*\*Office Phones are also answered on Friday evening during checkout and 2:00pm – 6:00PM on Sunday during summer camp.*



# SUMMER 2023

## PAPERWORK DETAILS

### 5 Camp forms required

In an effort to go paperless for forms at Camp Classen, we have added some additional forms to your account.

**ALL FORMS LISTED HERE ARE MANDATORY.**

Please use the following link to go back into your account:

[ymcacampclassen.campbrainregistration.com](http://ymcacampclassen.campbrainregistration.com)

- 1. Cabin Life Form** Our Counselors really appreciate this information that helps them get to know your camper before they even arrive.
- 2. Camper Code of Conduct** Every camper family needs to complete this form to acknowledge the Code of Conduct expectations while at Camp Classen.
- 3. Terms and Conditions** All camper families must complete the YMCA Camp Classen terms and conditions form.
- 4. Minor Participant Waiver** All participants must have this waiver completed.
- 5. Health History Information** Camp Classen is utilizing a new program called CampDoc for collecting your camper's medical history. You should receive an invitation to complete the information via CampDoc.

## DROP OFF AND PICK UP

### Sunday Check-in Day

Please arrive at camp for check-in at the recommended time:

- **Last name beginning A – L** arrive at 3:00 p.m.
- **Last name beginning M – Z** arrive at 3:30 p.m.

The check in process will be a drive through process with check in stops along the way. Parents will not get out of the car.

Please call us if you will not be arriving by 4:30 p.m. at our camp office number 580 369 2272.

### Saturday Pick-up Day is at 10 a.m.

Gates will open at 9:30 am for our closing programs that will begin at 10:00 am. We still will have a drive through check in process. ID is required to check your camper out and attend the closing ceremony, so please be prepared to show your DL or some form of photo ID. Once you are checked in, you will be directed to where to park and join the ceremony.

Come get a taste of camp as we share about the week! Please make every effort to arrive no later than 10:00 am as campers are released immediately following our closing program.

Gates open at 9:30 a.m. Camp Office phones are answered 9:00 a.m. – 10:30a.m.

## PAYMENT OPTIONS

### Final Payment Information

If you still have a balance, there are a few options for paying your camp fees:

- 1.** By logging back into your account, additional payments can be made as often as you would like:  
[ymcacampclassen.campbrainregistration.com](http://ymcacampclassen.campbrainregistration.com)
- 2.** By mailing a check or money order to camp
- 3.** By calling our Camp Office and giving your debit/credit card information over the phone.

### Final payments due by:

Week 1 – May 15

Week 2 and Two-Week Session 1 – May 22

Week 3 – May 29

Week 4 and Two-Week Session 2 – June 5

Week 5 – June 12

Week 6 – June 19

Week 7 – June 26

Week 8 – July 3

\*If you marked a payment plan on your registration form, your debit/credit card will be charged as chosen and a receipt will be sent for each of those payments.



# FREQUENTLY ASKED QUESTIONS

## LAST DAY TO PAY

**When is my last day to pay my final balance and turn in my forms?**

Week 1 – May 15

Week 2 and Two-Week Session 1 – May 22

Week 3 – May 29

Week 4 and Two-Week Session 2 – June 5

Week 5 – June 12

Week 6 – June 19

Week 7 – June 26

Week 8 – July 3



## WEEK CHANGES OR CANCELLATIONS

### What if i need to make a change?

All week changes and cancellations must be received in writing to our Camp Office via mail or email.

For cancellations made within two weeks of camp session, fees are non-refundable without: Physician's written documentation of circumstances involving serious camper illness/injury and or consent of the Camp Director. Minor illnesses, missing home, inappropriate camper behavior, or change in plans are not sufficient grounds for a refund.

## CABIN MATE REQUESTS

### Can my child request to stay in a cabin with a friend?

We make every effort to place campers with requested cabin mates. Campers need to limit their requests to no more than 1 friend as it often impacts the dynamics of the cabin groups and our emphasis on making new friends. We set up our cabins by age and gender and ask that cabin mates be no more than a year apart in age. All cabin mate requests must be made by both families on their registration form, Cabin Life Form, or in writing to the Camp Registrar prior to arrival. Requests made less than 1 week prior to a session are not guaranteed.

## TRADING POST

### How do I set up an account for my camper in the camp store?

We do not allow campers to have cash at camp. So, before your camper's session, you may add money to their Trading Post account. Parents can now use the WALLET feature in their account to view their camper's trading post balance, add more funds, and view the purchase history. Campers will be able to obtain their daily balance from their counselors to help them plan out their spending while at camp. Campers have two options for left over funds at the end of the week: 1) refund request or 2) donating them for a CAMP CLASSEN Community Charity Program.

## Trading post snacks

Snacks available in the camp store often include: pretzels, chips, Cheez-It, Teddy Grahams, cookies, ice cream and cold drinks. Snacks range between .50 to \$3.

### Suggested amount?

We recommend about \$15 for snacks for one week and any additional amount at your discretion for souvenirs. These souvenir items are typically priced between \$2.50 and \$20.00. Estimated prices for a few of our most popular items: Camp Classen T-Shirts \$15 to \$25, Animals \$15 Flashlights \$5, Water Bottles \$5 – \$20, Camp Classen Frisbee \$5.

## MEDICATION AND ALLERGIES

### What if my child takes medication or has life threatening allergies?

All medication (including prescriptions, over-the-counter drugs, and vitamins) must be brought to camp in the original container (as purchased or issued) and preferably in a Ziploc-like bag to turn into the Camp Nurse during check-in. This will give parents an opportunity to discuss specific instructions for the medicines with the Nurse. Prescription containers must detail the child's name, name of medication, dosage directions, and the name of the person ordering the medication. All medication must be noted on the Health Form and will be held by the Camp Nurse who will dispense it appropriately.

Life threatening allergies (bee stings, food allergies, etc) need to be listed on the Health Form and discussed with the Camp Nurse and Food Service Director during the check-in process. You also may inform your child's camp counselor about any special needs, but please do not list it on your cabin life form. It must be listed on the Health Form.

\*At the end of the camp week, medications will need to be picked up from the infirmary check out station. Any medication not picked up will be disposed of.



CAMPCLASSEN.ORG



# FREQUENTLY ASKED QUESTIONS (cont.)

## CAMPER MAIL

### How should I send mail or care packages to my camper?

Mail means so much to campers and we highly recommend it. Please avoid talking about missing your camper as this may lead to homesickness. Instead ask questions about camp and comments like "we are so proud of you" or "see you soon" are just what campers need to hear! Funny cards, post cards, and small care packages are fun too. We just ask that you do not send a lot of food or drinks in care packages as they may draw some unwanted creatures into your camper's cabin.

You may get mail to your campers by 3 different methods:

1. You may prepare mail ahead of time and bring it with you to check-in. Baskets for each day of the week will be available for you to place them according to what day you would like them to be delivered. Please write your camper's name, camp program (main camp, 89er) and the day to deliver on the outside.

2. Mailing them a few days prior to camp or at the beginning of the week to:

Camper's Name, Camp Session week  
10840 Main Camp Rd, Davis, OK 73030

3. A one-way email service for you to send your camper an email while at camp is available. BUNK1 is an online service you may use to send BUNK NOTES to your camper. Please see the BUNK ONE flyer attached to this guide.

### Care Packages

Care packages are delivered to campers when the daily mail is delivered.

Care packages are available to order directly from Camp Classen! We offer several different care package options that range in price from \$5-\$60. You may order care packages at [campclassen.org/carepackages](http://campclassen.org/carepackages) or by calling the office at 580-369-2272

## CAMP PICTURES

### Does camp post pictures of camp during the week?

Yes, we do! By 10pm Sun through Thurs., Camp Classen will post camp pictures for parents to get a peek of what campers are experiencing that day at camp.

**For viewing camp pictures:** Please follow the BUNK ONE guide to setting up an account to view pics!

## TWO WEEK CAMPER VISITS

### Can I visit my two week camper over the weekend?

In the past we have allowed camper parents to come visit and/or pick up laundry on the weekend that their two week camper stays over at camp. We are discouraging parents from visiting over the weekend for this summer. We want to keep the risk of exposure from outside visitors coming in to camp. Feel free to give us a call if you have any questions.

## HORSES AT CAMP

Every camper may choose to have a one-time trail ride at no additional cost! If you have not signed up for a trail ride, please call or email [kjolly@ymcaokc.org](mailto:kjolly@ymcaokc.org) and we will add it to your registration.

2-week campers can also choose Ranch Camp as one of their activity options. Campers will spend the morning at the ranch participating in a variety of horse activities. Space for Ranch Camp is limited.

## CELL PHONE AND ELECTRONICS

### Can my child bring a cell phone or other electronics?

Camp is a place for kids to get "unplugged" from their outside world and enjoy a week of just being a kid. Therefore, we do not permit phones or electronics. If your camper is found with these items, they will be collected, stored in the camp safe, and returned to the camper at pick-up on Friday.

## LOST AND FOUND

YMCA Camp Classen is not responsible for lost, damaged, or stolen items. Label items plainly with your child's name, check the lost and found area before leaving camp, and check through your child's belongings when he/she returns home. If your child is missing an item, please call camp at 580 369 2272. All unclaimed items will be donated to a local charity 2 weeks after the camp session ends.





# PACKING LIST

The following is a recommended list for a one-week session. If your camper is staying two weeks, you can double the amount of clothing. If your camper is staying 3 or more weeks, will he/she have the chance to do laundry between sessions. You may pack your camper's belongings in a large duffle bag or trunk. A trunk up to 14" tall will fit underneath a bunk.

**Don't forget to mark your camper's items with a permanent marker in case they are misplaced.**

## RECOMMENDED CLOTHING

- Tennis shoes (2 pair)
- Long Pants (at least 1 pair for trail ride)
- T-shirts (9)
- Shorts (7pair)
- Underwear (9)
- Socks (9 pairs)
- Appropriate swimsuit (2-piece modest suit is ok)
- Shower shoes
- Pajamas
- Cap or Hat
- Poncho or rain jacket
- Water shoes and sandals
- One set of Messy Day clothing (that might just get too messy to return home)

## RECOMMENDED ITEMS

- Backpack
- Sunscreen (spray type)
- Bug Spray (spray type)
- Water Bottle – MUST HAVE, can purchase in trading post
- Flashlight
- Bath Towel
- Beach Towel
- Dirty Laundry Bag – LABELED WITH NAME
- Shower Caddy
- Soap and Shampoo
- Toothbrush and Toothpaste
- Sleeping Bag or Twin Sheets w/ blanket
- Pillow
- Bible
- Journal/notepad
- Pre-addressed stamped cards
- Disposable Camera
- Hiking Boots
- Optional: Costume clothes for dance/dress up nights (examples: silly hats, fun socks, bright and colorful clothing...)

## ITEMS TO LEAVE AT HOME

- Cell phones
- Electronics (ipods, game systems, etc.)
- Money
- Knives, weapons
- Expensive jewelry
- Candy, gum, food, drinks
- New clothes/new shoes – Campers need to be free to play and not worry about ruining anything while here at camp!

## 2023 THEME NIGHTS

Tuesday nights will be theme nights at camp incorporated with all camp games. In addition, we encourage campers to dress up for Wacky Opening Campfire Sunday evening for the theme, if they know which team they are – Trailblazer or Pathfinder. Or, just dress up in a favorite fun outfit that is camp appropriate. Below are the themes for each week and campers can choose to dress up if they want, but it is not required. Let your camper get creative and fun with items they already have at home to go with the theme or TB & PF color. (Pinterest is a great resource as well)

Week 1 – May 28 – June 3 – Amazing Race  
Week 2 – June 4 – 10 – Survivor  
Week 3 – June 11 – 17 – Gold Rush  
Week 4 – June 18 – 24 – Marvel VS DC  
Week 5 – June 24 – July 1 – Highlanders  
Week 6 – July 2 – 8 – Olympics  
Week 7 – July 9 – 15 – Shipwrecked  
Week 8 – July 16 – 22 – Decades



# PACKING FOR PREVENTION

## MINDSET FOR PREVENTION

**Pretend YOU have bed bugs.**

**Pretend WE have bed bugs.**

In recent years, bed bugs have made a resurgence in North America. They are often found in hotels, multi-unit dwellings, and other structures that house people for short periods of time, such as camps. While bed bugs may be a nuisance, they do not transmit disease to people.

At Camp Classen we take great strides to prevent and actively manage any issues with bed bugs. We have a team of dogs that are trained to sniff out bed bugs and their eggs brought in weekly as a preventative measure to check all cabins thoroughly between each group of participants. When we do have a concern, the dogs are brought back in to confirm, cabins and camper items are treated, and the campers and their treated items are moved to another cabin. Subsequently, the dogs will be brought back to confirm the cabin is “clean” the following week before assigning campers to the cabin.

The good news is that there are simple steps that can be taken to help ensure that children do not bring bed bugs to camp or back home from camp. We are taking proactive steps in our camp facilities, please help us by following the packing advice listed below:

## PREVENTION BEFORE CAMP

- Visually inspect items for bugs. Take sleeping bags, blankets, and luggage out of storage, place them outdoors, and inspect them carefully for any signs of bed bugs or eggs.
- Tumble linens and luggage in clothes dryer. Place linens or luggage in the clothes dryer and tumble them on a high heat setting for 45 minutes. The heat from the dryer kills bed bugs and eggs. For items that cannot be placed in a dryer, bed bugs and their eggs can be killed by direct application of alcohol, the higher concentration the better. Vacuuming an item can remove the bed bugs, but be sure to dispose of vacuum bag immediately by sealing it in a garbage bag and placing it in a trash can outdoors.

- Pack in a bed bug free area. Choose a place to pack that is away from bed bug friendly zones such as beds or couches. Ideally you would take your camper's clothing and linens directly from the dryer and place them in the camper's luggage/trunk. The kitchen table or the middle of the floor are good places to pack.
- Choose luggage wisely. Duffle bags, Rubbermaid totes or plastic trunks are recommended as luggage for campers as they can be placed in a dryer or sanitized with alcohol. Keep in mind that the clearance under the camp bunk beds is only 9 ½ inches. Consider packing individual clothing outfits in separate Ziploc bags.
- Pack extra garbage bags. Be sure to pack at least two extra large garbage bags for your camper, one bag for all dirty clothing and the other for dirty linens.

## PREVENTION AFTER CAMP

- Learn more about bed bugs. Explore some of the resource web sites below and educate yourself about bed bugs and their habits.
- Place all of your camper's luggage and linens in garbage bags for the ride home.
- Do not bring your camper's luggage into your house immediately. Leave it on the porch or in the garage until you have time to visually inspect the items before you bring them indoors.
- Clean all camp items. For items that can be laundered, use a hot water setting and tumble dry on high heat for at least 45 minutes. (Dispose of the garbage bags they were stored in outdoors.) For items that cannot be laundered, such as suitcases, vacuuming or sanitizing with alcohol are good cleaning options. Pay special attention to zippers, seams, buttons, cracks, and crevices. Use rubbing alcohol to wipe off the bottoms of shoes.
- Contact us if you find evidence of bed bugs! Evidence includes live bed bugs, dead bed bugs, exoskeletons, blood stained linens, and suspicious bites. (Keep in mind that we also have ticks, chiggers, and mosquitos that could be responsible for suspicious bites and indirectly responsible for blood stains on linens.)



## BED BUG FACTS:

- Bed bugs are flat and wingless. They have six legs and a shiny reddish brown. They go through 7 stages of development from egg to adult and look different at each stage as well as after eating. This web site has great pictures of bed bugs at every stage.  
[npic.orst.edu/pest/bedbug/biology.html](http://npic.orst.edu/pest/bedbug/biology.html)
- Their main food source is human blood, however they are not known to transmit any diseases. They tend to feed every 3-7 days so the blood they ingest is typically digested before they feed again so there is no cross contamination.
- They typically feed at night and hide during the day. They are exceptional hidiers. Favorite locations are: in the seams of mattresses, sofa seams, cracks in the bed frame and/or head board, under chairs, couches, beds and dust covers, under rugs, edges of carpets, drawers, baseboards and window casings, behind light switches, electrical outlet plates, cracks in plaster, televisions, radio clocks and phones, backpacks, sleeping bags, clothes, behind wallpaper, picture frames, and other dark areas.
- Most people do not feel bed bugs biting them because components in bed bug saliva act as an anesthetic and promote increased blood flow at the bite site, making the feeding process quick and nearly painless.
- Bed bug bites are often red bumps or welts arranged in a rough line or cluster. (Imagine little piglets all lined up to feed on the momma pig.)
- Bites can be extremely itchy. Some people have a severe reaction to the bites, while others (an estimated 30% of population) do not react at all.
- Bed bug bites are difficult to distinguish from other insect bites. They tend to bite exposed areas of the human body that they can easily reach. For example, if most of your body is covered with pajamas they would be inclined to feed on your exposed face, neck, hands and feet. Keep in mind that chiggers and ticks tend to bite in areas where there is soft skin and constriction. Ticks like armpits, the backs of knees, waist bands, and underwear lines. Chiggers like inside socks, waist bands, and underwear lines.
- Bed bugs can survive months without eating. Some have been known to survive being frozen for months. They cannot tolerate heat over about 126 degrees though. Thirty minutes in a clothes dryer on high heat is enough to kill bed bugs and their eggs.

Please help us keep Camp Classen (and your home) bed bug free by following the prevention steps outlined above. A bit of hassle now can prevent a lot of hassle and expense later.

Thank you for helping keep our campers and staff safe,

Camp Classen Medical Staff

